RAISINS-USDA FOODS (DRIED)

MEAL COMPONENT CONTRIBUTION:
½ cup fruit
NUMBER OF PORTIONS: 50 **SIZE OF PORTION:** 1 package
RECIPE HACCP PROCESS: #1 - No cook

FRUITS

INGREDIENT	MEASURE (FOR 50 SERVINGS)
Raisins, Seedless, Dark, #2416	50 small boxes

DIRECTIONS

1. Portion one 1 1/3-ounce box of raisins for serving. Each serving provides ½ cup fruit

PRODUCTION NOTES

Use commodity products when available.

MISCELLANEOUS NOTES

Use USDA Foods when available.
Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used.
If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.
"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.

NUTRIENTS PER SERVING

Calories	113	Dietary Fiber	1.39 g	Sodium	4.00 mg	Sat. Fat	0.02 g
Carbohydrates	29.82 g	Protein	1.16 g	Total Fat	0.17 g	Trans Fat	0.00 g