## RAISINS-USDA FOODS (DRIED)

MEAL COMPONENT CONTRIBUTION:
$1 / 2$ cup fruit
NUMBER OF PORTIONS: 50 SIZE OF PORTION: 1 package
RECIPE HACCP PROCESS: \#1 - No cook
FRUITS
INGREDIENT
MEASURE (FOR 50 SERVINGS)
Raisins, Seedless, Dark, \#2416
50 small boxes

## DIRECTIONS

1. Portion one $11 / 3$-ounce box of raisins for serving. Each serving provides $1 / 2$ cup fruit

## PRODUCTION NOTES

Use commodity products when available.

## MISCELLANEOUS NOTES

Use USDA Foods when available.
Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used.
If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.
"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.

## NUTRIENTS PER SERVING

| Calories | 113 | Dietary Fiber | 1.39 g | Sodium | 4.00 mg | Sat. Fat | 0.02 g |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Carbohydrates | 29.82 g | Protein | 1.16 g | Total Fat | 0.17 g | Trans Fat | 0.00 g |

