

BANANA BERRY BLEND



FRUITS

MEAL COMPONENT CONTRIBUTION: $\frac{1}{2}$ cup fruit**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** $\frac{1}{2}$ cup**RECIPE HACCP PROCESS:** #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Strawberries, Frozen, Sweetened, Sliced, #1530	14 pounds + 4 ounces
Bananas, Raw, Regular, Green Tips, #4203	14 pounds + 4 ounces

DIRECTIONS

1. Thaw the strawberries in the refrigerator and place them in a large bowl.
2. Rinse bananas in cool, running water then drain them thoroughly.
Peel the bananas and slice them.
Combine the bananas with the strawberries in a large bowl and gently mix the ingredients thoroughly.
3. Cover the mixture with plastic wrap and chill it.
CCP: Cover and refrigerate at 41 degrees F or lower. Hold for service.
4. Portion with #8 scoop or 4 ounce spoodle ($\frac{1}{2}$ cup) into an individual portion container for each serving. Each portion provides $\frac{1}{2}$ cup of fruit.
ALTERNATE INSTRUCTIONS: Fruit and liquid can be poured into steam table pans for service of $\frac{1}{2}$ cup on the service line.
Each portion provides $\frac{1}{2}$ cup serving of fruit.
CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers. Refrigerate at 41 degrees F or lower.

PRODUCTION NOTES

Use USDA Foods or Department of Defense (DoD) products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used (such as fresh, frozen, canned or diced).

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.

NUTRIENTS PER SERVING

Calories	99	Dietary Fiber	2.60 g	Sodium	1.11 mg	Sat. Fat	0.07 g
Carbohydrates	25.58 g	Protein	0.70 g	Total Fat	0.21 g	Trans Fat	0.00 g

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ILLUSTRATED PRESENTATION OF BANANA BERRY BLEND

1.



Mixing strawberries and bananas

2.



1 serving of Banana Berry Blend