

APPLE SLICES IN A BAG



FRUITS

MEAL COMPONENT CONTRIBUTION:

1/2 cup fruit

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bag

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Apple Slices, #4217	100 bags

DIRECTIONS

1. Refrigerate until ready for service.
2. Portion 1 bag per serving. Each portion provides 1/2 cup of fruit.

CCP: Refrigerate fruit for service at 41 degrees F or lower. Any leftover fruit should be refrigerated for service later in the week.

PRODUCTION NOTES

Use commodity products or Department of Defense (DoD) Fresh Fruit and Vegetable Program products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase of different sizes or varieties of apples.

"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides excellent seasoning and serving ideas for fruits.

NUTRIENTS PER SERVING

Calories	45	Dietary Fiber	2.00 g	Sodium	0.00 mg	Sat. Fat	0.00 g
Carbohydrates	12.00 g	Protein	0.00 g	Total Fat	0.00 g	Trans Fat	0.00 g