# **APPLE DELICIOUS (FRESH)**

### **MEAL COMPONENT CONTRIBUTION:**

½ cup fruit

NUMBER OF PORTIONS: 100 SIZE OF PORTION: 2 apple halves

**RECIPE HACCP PROCESS: #1 - No cook** 



Apples, Raw, Red Delicious, #4202	100 small , (2-3/4" diameter)
Gelatin, Strawberry Flavor, #2307	1 pound

#### **DIRECTIONS**

- 1. Rinse the apples in cool, running water. Drain the apples thoroughly.
- 2. Place the gelatin in a shallow container.
- Cut the apples in half.
- 4. Dip each apple, cut side down, into the dry gelatin to coat the surface. Any flavor of gelatin can be used.
- 5. Place two apple halves in each container, with the cut side up. Cover and refrigerate the apples until ready for service.
  - CCP: Refrigerate fruit for service at 41 degrees F or lower.
- 6. Place the Apple Delicious pieces on the refrigerated line for service.
- 7. Portion two apple halves per serving. Each portion provides ½ cup of fruit.

CCP: Cover and hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers. Refriger ate at 41 degrees F or lower.

### **PRODUCTION NOTES**

- Different flavors of gelatin can be used to provide different colors of Apple Delicious.
- Use USDA Food or Department of Defense (DOD) products when available.

#### **PURCHASING GUIDE**

Refer to the USDA FNS Food Buying Guide for School Meal Programs and/or the item's product formulation statement for quantities to purchase if the recipe is altered.

### **MISCELLANEOUS NOTES**

If changes are made in ingredients, check the crediting information and re-calculate the nutrition analysis.

#### **NUTRIENTS PER SERVING**

Calories	94	Dietary Fiber	3.58 g	Sodium	14.62 mg	Sat. Fat	0.05 g
Carbohydrates	24.64 g	Protein	0.63 g	Total Fat	0.25 g	Trans Fat	0.00 g

2.

4.

6.

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## ILLUSTRATED STEPS FOR PREPARATION OF APPLE DELICIOUS (FRESH)



Cutting apple in half vertically



Dipping apples in gelatin



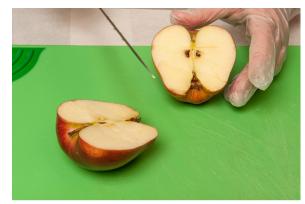
Dipped vertically cut apples (notice the star shape of the seeds)



1 serving of Apple Delicious (cut vertically)



Cutting apples in half horizontally



1 apple cut in half horizontally (notice the heart shape of the apple)

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7.



Apple (cut horizontally) dipped in gelatin



1 serving of Apple Delicious (cut horizontally)