CHEESE OMELET-BRIGGS

MEAL COMPONENT CONTRIBUTION:
2 oz. eq. meat/meat alternate
NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 omelet
RECIPE HACCP PROCESS: #2 - Same day service

MEAT/MEAT ALTERNATE

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Omelets, Cheese, Individual, #1315	100 omelets

DIRECTIONS

1. Heat the omelets from a frozen state according to the package and/or case directions.
   CCP: Heat to 135 degrees F or higher for at least 15 seconds at the completion of the cooking process. If manufacturer instructions on package or case have a higher temperature, follow those recommendations.
2. Place the omelets on the heated portion of the service line for service.
3. Portion 1 omelet per serving. Each portion provides 2 oz. eq. meat/meat alternate.
   CCP: Hold and maintain product at a minimum temperature of 135 degrees F. Check temperature every 30 minutes. Discard any leftovers.

NUTRIENTS PER SERVING

Calories	190	Dietary Fiber	0.00 g	Sodium	540.00 mg	Sat. Fat	6.00 g
Carbohydrates	4.00 g	Protein	12.00 g	Total Fat	14.00 g	Trans Fat	0.00 g