

# BLUEBERRY TOASTER PASTRY



WHOLE GRAINS

**MEAL COMPONENT CONTRIBUTION:**

1 oz. eq. whole grain

**NUMBER OF PORTIONS:** 120 **SIZE OF PORTION:** 1 pastry

**RECIPE HACCP PROCESS:** #1 - No cook

INGREDIENT	MEASURE (FOR 120 SERVINGS)
Toaster Pastry, Blueberry, #2100	120 pastries

**DIRECTIONS**

1. Place the toaster pastries on the line for service.
2. Portion 1 Blueberry Toaster Pastry per serving. Each portion provides 1 oz. eq. whole grain. Toaster pastries are credited as a whole grain for breakfast. When menued at lunch, toaster pastries are credited as a whole grain based dessert.

**NUTRIENTS PER SERVING**

Calories	170	Dietary Fiber	3.00 g	Sodium	180.00 mg	Sat. Fat	1.00 g
Carbohydrates	36.00 g	Protein	2.00 g	Total Fat	3.00 g	Trans Fat	0.00 g