

# MINI PANCAKES IN A BAG



WHOLE GRAINS

**MEAL COMPONENT CONTRIBUTION:**

2 oz. eq. whole grains

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 pouch

**RECIPE HACCP PROCESS:** #2 - Same day service

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Pancakes, Mini, WGR, Maple, #1216	100 pouches

**DIRECTIONS**

1. Thaw and prepare pouches according to case and/or package directions. Product may be heated or served at room temperature after thawing.
2. Place on line for service.
3. Portion 1 pouch per serving. Each portion provides 2 oz. eq. whole grains.

**NUTRIENTS PER SERVING**

Calories	200	Dietary Fiber	3.00 g	Sodium	300.00 mg	Sat. Fat	1.00 g
Carbohydrates	34.00 g	Protein	4.00 g	Total Fat	5.00 g	Trans Fat	0.00 g