BANANA MUFFIN (WGR)-BRIGGS

MEAL COMPONENT CONTRIBUTION:
1 oz. eq. whole grain
NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 muffin
RECIPE HACCP PROCESS: #1 - No cook

WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Muffin, Banana WGR, #1211	100 muffins

DIRECTIONS

1. Thaw the muffins according to the directions on the package and/or case. If desired, the product can be warmed from a thawed state in the warmer set at 150 -175 degrees F. for 2 minutes at a time until the desired temperature is reached. Times may vary based on equipment. Do not refreeze the muffins.
2. Place the muffins on the the line for service.
3. Portion 1 Banana Muffin per serving. Each portion provides 1 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	160	Dietary Fiber	2.00 g	Sodium	105.00 mg	Sat. Fat	0.50 g
Carbohydrates	26.00 g	Protein	3.00 g	Total Fat	4.50 g	Trans Fat	0.00 g