

BLUEBERRY MUFFIN LOAF



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 muffin loaf

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Muffin Loaf, Blueberry, WGR, #1213	100 muffin loaves

DIRECTIONS

1. Thaw muffin loaves according to directions on package and/or case.
2. Place on line for service.
3. Portion 1 muffin loaf per serving. Each portion provides 1 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	150	Dietary Fiber	1.00 g	Sodium	105.00 mg	Sat. Fat	0.50 g
Carbohydrates	26.00 g	Protein	3.00 g	Total Fat	4.50 g	Trans Fat	0.00 g