

CROISSANT-1½ OZ. EQ.



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

1 1/2 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 croissant

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Croissant, WGR, 1 oz. eq. #1219	100 croissants-1 grain

DIRECTIONS

1. Thaw the product according to the package and/or case directions.
2. Place the Croissants on the line for service.
3. Portion 1 Croissant per serving. Each portion provides 1 1/2 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	120	Dietary Fiber	2.00 g	Sodium	160.00 mg	Sat. Fat	1.50 g
Carbohydrates	19.00 g	Protein	4.00 g	Total Fat	3.50 g	Trans Fat	0.00 g