

ASSORTED COLD CEREALS



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 96 **SIZE OF PORTION:** 1 bowl pack

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 96 SERVINGS)
Cereal, Cinnamon Toast, WGR, #2110	16 bowl packs
Cereal, Frosted Flakes, WGR, #2112	16 bowl packs
Cereal, Honey Nut Cheerios, WGR, #2115	16 bowl packs
Cereal, Rice Chex, Gluten Free, WGR, #2111	16 bowl packs
Cereal, Trix, Reduced Sugar, WGR, #2116	16 bowl packs
Cereal, Reese's Puffs, WGR, #2108	16 bowl packs

DIRECTIONS

1. Place a variety of cereals on line for service.
2. Portion 1 cereal bowl per serving. Each portion provides 1 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	108	Dietary Fiber	1.33 g	Sodium	175.00 mg	Sat. Fat	0.17 g
Carbohydrates	22.83 g	Protein	1.50 g	Total Fat	1.67 g	Trans Fat	0.00 g