

# MARSHMALLOW MATEYS CEREAL



WHOLE GRAINS

**MEAL COMPONENT CONTRIBUTION:**

2 oz. eq. whole grains

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 bowl pack

**RECIPE HACCP PROCESS:** #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Marshmallow Mateys, WGR, #2109	100 bowl packs

**DIRECTIONS**

1. Place the cereal bowls on the line for service.
2. Portion 1 cereal bowl per serving. Each portion provides 2 oz. eq. whole grains.

**NUTRIENTS PER SERVING**

Calories	220	Dietary Fiber	3.00 g	Sodium	30.00 mg	Sat. Fat	0.00 g
Carbohydrates	47.00 g	Protein	4.00 g	Total Fat	0.00 g	Trans Fat	0.00 g