

MARSHMALLOW MATEYS CEREAL

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bowl pack**RECIPE HACCP PROCESS:** #1 - No cook

WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Marshmallow Mateys, WGR, #2109	100 bowl packs

DIRECTIONS

1. Place the cereal bowls on the line for service.
2. Portion 1 cereal bowl per serving. Each portion provides 2 oz. eq. whole grains.

NUTRIENTS PER SERVING

Calories	220	Dietary Fiber	3.00 g	Sodium	30.00 mg	Sat. Fat	0.00 g
Carbohydrates	47.00 g	Protein	4.00 g	Total Fat	0.00 g	Trans Fat	0.00 g