

COCOA CEREAL SQUARES



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 square

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Baked Rice Marshmallow Square, Cocoa Flavor, WGR, #2619	100 bars

DIRECTIONS

1. Place on line for service.
2. Portion 1 square per serving. Each portion provides 1 oz. eq. whole grain. Cereal bars are credited as a whole grain for breakfast. When menued at lunch, cereal bars are credited as a whole grain based dessert.

NUTRIENTS PER SERVING

Calories	140	Dietary Fiber	3.00 g	Sodium	110.00 mg	Sat. Fat	0.50 g
Carbohydrates	27.00 g	Protein	2.00 g	Total Fat	3.00 g	Trans Fat	0.00 g