

# TOASTED BAGEL



WHOLE GRAINS

**MEAL COMPONENT CONTRIBUTION:**

2 oz. eq. whole grains

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 bagel

**RECIPE HACCP PROCESS:** #2 - Same day service

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Bagel, Whole Wheat, Sliced, #1200	100 bagel(s)

**DIRECTIONS**

1. Thaw according to case or package directions.
2. Toast in oven until golden brown.  
 Conventional oven: 350 degrees F for 7 - 10 minutes.  
 Convection oven: 350 degrees for 7 - 8 minutes.  
 Combi oven: 350 degrees F for 5 minutes
3. Place on line for service.
4. Portion 1 bagel per serving. Each portion provides 2 oz. eq. whole grains.

CCP: Hold and maintain product at a minimum temperature of 135 degrees F. Check temperature every 30 minutes. Discard any leftovers.

**NUTRIENTS PER SERVING**

Calories	163	Dietary Fiber	3.30 g	Sodium	172.00 mg	Sat. Fat	0.06 g
Carbohydrates	33.50 g	Protein	5.90 g	Total Fat	0.61 g	Trans Fat	0.00 g