

MAPLE BELGIUM WAFFLE



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 waffle

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Waffles, Belgium, Maple, IW, WGR, #1223	100 waffles

DIRECTIONS

1. Prepare the frozen waffle pouches according to case and/or package directions. The waffles may be heated, or thawed and served at room temperature.
Do not refreeze.
2. Place the waffle pouches on the line for service.
3. Portion one waffle pouch per serving. Each portion provides 1 oz. eq. whole grains.

PRODUCTION NOTES

- Refer to the USDA FNS Food Buying Guide for School Meal Programs and/or the item's product formulation statement for quantities to purchase if the recipe is altered.
- If changes are made in ingredients, check the crediting information and re-calculate the nutrition analysis.

NUTRIENTS PER SERVING

Calories	200	Dietary Fiber	2.00 g	Sodium	170.00 mg	Sat. Fat	2.00 g
Carbohydrates	20.00 g	Protein	4.00 g	Total Fat	7.00 g	Trans Fat	0.00 g