

# ROASTED CHICKEN WINGS



MEAT/MEAT ALTERNATE

**MEAL COMPONENT CONTRIBUTION:**

2 oz. eq. meat/meat alternate

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 3 Wings

**RECIPE HACCP PROCESS:** #2 - Same day service

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Chicken Wings, Roasted, Cooked (not breaded), #1032	300 wings
Pan Release Spray, Vegetable Oil, #2514	5 second spray

**DIRECTIONS**

- Preheat the oven to the temperature in the directions on the case.
- Count out the number of frozen chicken wings needed to provide 2 oz. eq. meat/meat alternate for servings needed.
- Place frozen chicken wings on lined sheet pan (18" x 26" x 1") coated with food release spray. (Prepare in batches to maintain quality.)
- Bake the roasted chicken wings according to the package and/or case directions.  
 CCP: Heat to 135 degrees F or higher for at least 15 seconds at the completion of the cooking process. If manufacturer instructions on the package or case have a higher temperature, follow those recommendations.
- Transfer the roasted chicken wings to a pan. Cover pans with aluminum foil. Cut holes in the foil and place in a warmer until ready for service.  
 CCP: Cover and hold for service at 135 degrees F or higher.
- Portion 3 chicken wings per serving. Each portion provides 2 oz. eq. meat/meat alternate. Chicken wings may be served with a sauce for dipping. An additional nutrient analysis will need to be conducted if a sauce is used.  
 CCP: Hold and maintain product at a minimum temperature of 135 degrees F or higher. Check temperature every 30 minutes. Leftovers should be covered, labeled, and dated. Quick chill within 2 hours to 70 degrees F or lower and from 70 to 41 degrees F or lower within an additional 4 hours.

**NUTRIENTS PER SERVING**

Calories	290	Dietary Fiber	0.00 g	Sodium	255.86 mg	Sat. Fat	2.07 g
Carbohydrates	0.00 g	Protein	0.00 g	Total Fat	13.77 g	Trans Fat	0.00 g