

SUN BERRY TRAIL MIX

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. meat/meat alternate and ½ cup fruit

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 pouch**RECIPE HACCP PROCESS:** #1 - No cook

MEAT/MEAT ALTERNATE : FRUITS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Sun Berry Trail Mix, IW #2092	100 pouches

DIRECTIONS

1. Place the trail mix pouches on the line for service.
2. Portion one pouch for service. Each portion provides 1 oz. eq. meat/meat alternate and ½ cup fruit.

NUTRIENTS PER SERVING

Calories	270	Dietary Fiber	4.00 g	Sodium	50.00 mg	Sat. Fat	1.50 g
Carbohydrates	28.00 g	Protein	7.00 g	Total Fat	14.00 g	Trans Fat	0.00 g