MRS: 1005 - Beef (1000s)

BREADED STEAK WITH BROWN GRAVY-MERCH

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. meat/meat alternate, 1 oz. eq. whole grain NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 patty RECIPE HACCP PROCESS: #2 - Same day service



MEAT/MEAT ALTERNATE : WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Pan Release Spray, Vegetable Oil, #2514	10 second spray
Beef Steak, Breaded, WGR, 3.5 oz., #1004	100 patties
Gravy Mix, Brown, #2505	2 packages
Water, Municipal, Mississippi	2 gallons

DIRECTIONS

- Cook the breaded beef patty according to package directions. After heating to the correct temperature, place 50 in a full-size 2½ inch deep pan. For 100 servings, use 2 steamtable pans.
 CCP: Heat to 135 degrees F or higher for 15 seconds at the completion of the cooking process. If the manufacturers instructions on package or case have a higher temperature, follow those recommendations.
- 2. Prepare the brown gravy according to package directions.
- 3. Pour 1 gallon of gravy over the beef patties in each steamtable pan.
- 4. Serve the breaded beef steaks immediately, or cover and place in a warmer until ready for service. If aluminum foil is used as a cover, cut holes in aluminum foil.
- 5. Portion 1 patty and 2 ounces brown gravy per serving. One serving provides 2 oz. eq. meat/meat alternate and 1 oz. eq. whole grain.

CCP: Hold and maintain product at a minimum temperature of 135 degrees F. Check temperature every 30 minutes. Discard any leftovers.

NUTRIENTS PER SERVING

Calories	306	Dietary Fiber	3.00 g	Sodium	817.00 mg	Sat. Fat	6.60 g
Carbohydrates	21.37 g	Protein	14.90 g	Total Fat	17.95 g	Trans Fat	0.00 g