## **ASSORTED YOGURT CUP-USDA FOODS**

## **MEAL COMPONENT CONTRIBUTION:**

1 oz. eq. meat/meat alternate

NUMBER OF PORTIONS: 50 SIZE OF PORTION: 1 serving

**RECIPE HACCP PROCESS:** #1 - No cook



INGREDIENT MEASURE (FOR 50 SERVINGS)

Yogurt, Blueberry, Nonfat, #110400	25 (4-ounce) cartons
Yogurt, Strawberry, Nonfat, # 110401	25 (4-ounce) cartons

## **DIRECTIONS**

1. Place a variety of yogurt cups on refrigerated line for service.

2. Portion one 4-ounce cup of yogurt for 1 oz. eq. of meat/meat alternate.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers .

## **NUTRIENTS PER SERVING**

Calories	100	Dietary Fiber	0.00 g	Sodium	45.00 mg	Sat. Fat	0.00 g
Carbohydrates	16.00 g	Protein	9.00 g	Total Fat	0.00 g	Trans Fat	0.00 g