

# CHILLED MIXED BERRIES



FRUITS

**MEAL COMPONENT CONTRIBUTION:**

1/2 cup fruit

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1/2 cup

**RECIPE HACCP PROCESS:** #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Berries, Mixed, Frozen, Cups, USDA Foods	100 containers , 1/2 cup

**DIRECTIONS**

1. Thaw individual containers of mixed berries in refrigerator. Do not refreeze. Portion 1/2 cup container for serving. Each portion provides 1/2 cup serving fruit.

CCP: Cover and hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers. Refrigerate at 41 degrees F or lower.

**NUTRIENTS PER SERVING**

Calories	90	Dietary Fiber	2.00 g	Sodium	0.00 mg	Sat. Fat	0.00 g
Carbohydrates	20.00 g	Protein	0.00 g	Total Fat	0.00 g	Trans Fat	0.00 g