

BELGIUM WAFFLES-VARIETY (WGR)



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 waffle pouch

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Waffle, Belgian, WGR Maple #1215	50 waffles
Waffle, Belgium, WGR Blueberry #1216	50 waffles

DIRECTIONS

1. Prepare the frozen waffle pouches according to the case and/or package directions. The product may be heated or thawed and served at room temperature. **DO NOT** refreeze.

CCP: If heated, heat to 135 degrees F or higher for 15 seconds at the completion of the cooking process. If manufacturer instructions on package or case have a higher temperature, follow those recommendations.

2. Place a variety of waffle pouches on the line for service.
3. Portion one waffle pouch for serving. Each portion provides 2 oz. eq. whole grains. Discard any leftovers.

NUTRIENTS PER SERVING

Calories	240	Dietary Fiber	2.00 g	Sodium	210.00 mg	Sat. Fat	2.50 g
Carbohydrates	34.00 g	Protein	5.00 g	Total Fat	9.00 g	Trans Fat	0.00 g