

ASSORTED COLD CEREALS (WGR)-2 OZ. EQ.

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bowl pack

RECIPE HACCP PROCESS: #1 - No cook



WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Mini Spooners, WGR, #2113	33 bowl packs
Cereals, Honey Nut Scooters, WGR, #2117	33 bowl packs
Cereal, Marshmallow Mateys, WGR, #2109	34 bowl packs

DIRECTIONS

1. Place a variety of cereals on the line for service.
2. Portion 1 cereal package per serving. Each portion provides 2 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	200	Dietary Fiber	3.99 g	Sodium	298.00 mg	Sat. Fat	0.00 g
Carbohydrates	44.03 g	Protein	4.66 g	Total Fat	1.50 g	Trans Fat	0.00 g