

BANANA MUFFIN (WGR)-MERCHANTS

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 muffin

RECIPE HACCP PROCESS: #1 - No cook



WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Muffin, Banana WGR, #1211	100 muffins

DIRECTIONS

1. Thaw the muffins according to directions on package and/or case. If desired, the product can be warmed from the thawed state in the warmer set at 150 -175 degrees F for 2 minutes at a time until the desired temperature is reached. Times may vary based on equipment. Do not refreeze.
2. Place the muffins on the line for service.
3. Portion 1 Banana Muffin per serving. Each portion provides 1 oz. eq. whole grain.

PRODUCTION NOTES

-Refer to the USDA FNS Food Buying Guide for School Meal Programs and/or the item's product formulation statement for quantities to purchase if the recipe is altered.

- If changes are made in ingredients, check the crediting information and re-calculate the nutrition analysis.

NUTRIENTS PER SERVING

Calories	160	Dietary Fiber	1.00 g	Sodium	100.00 mg	Sat. Fat	0.50 g
Carbohydrates	28.00 g	Protein	3.00 g	Total Fat	4.00 g	Trans Fat	0.00 g