Source: MRS 2023 MRS: 5675 – Vegetables (5500s)

GUACAMOLE

MEAL COMPONENT CONTRIBUTION:

1/8 cup other vegetable

NUMBER OF PORTIONS: 96 SIZE OF PORTION: 2-ounce portion cup

RECIPE HACCP PROCESS: #1 - No cook



INGREDIENT MEASURE (FOR 96 SERVINGS)

Guacamole, Bulk, Frozen, #1629 5 pounds

DIRECTIONS

- 1. Thaw the bags of guacamole in the refrigerator overnight.
- 2. With a #16 scoop, portion a ¼ cup serving in a 2-ounce portion cup then cover with a lid. Hold in the refrigerator until ready for service.

Prepare only what is needed for that day's service.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes.

3. Portion one 2-ounce cup of guacamole per serving. Each portion provides 1/8 cup other vegetable. To prevent browning, keep product covered and refrigerated.

CCP: Cover, label, and date any leftover s. Refrigerate at 41 degrees F or lower.

SERVING NOTES

To prevent browning, keep product covered and refrigerated.

NUTRIENTS PER SERVING

Calories	152	Dietary Fiber	4.05 g	Sodium	334.00 mg	Sat. Fat	2.53 g
Carbohydrates	6.07 g	Protein	1.01 g	Total Fat	15.17 g	Trans Fat	0.00 g