

WAFFLE (2 OZ. EQ.)



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 2 Waffles

RECIPE HACCP PROCESS: #2 - Same day service

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Waffle, Round, WGR, #1206	200 Waffle(s)

DIRECTIONS

1. Prepare product according to directions on package and/or case.
2. Place on heated line for service.
3. Portion one waffle per serving. Each portion provides 1 oz. e q. whole grains.

NUTRIENTS PER SERVING

Calories	160	Dietary Fiber	2.00 g	Sodium	260.00 mg	Sat. Fat	0.00 g
Carbohydrates	26.00 g	Protein	4.00 g	Total Fat	5.00 g	Trans Fat	0.00 g