

# WAFFLE (1 OZ. EQ.)



WHOLE GRAINS

**MEAL COMPONENT CONTRIBUTION:**

1 oz. eq. whole grains

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 Waffle

**RECIPE HACCP PROCESS:** #2 - Same day service

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Waffle, Round, WGR, #1206	100 Waffle(s)

**DIRECTIONS**

1. Prepare product according to directions on package and/or case.
2. Place on heated line for service.
3. Portion one waffle per serving. Each portion provides 1 oz. e q. whole grains.

**NUTRIENTS PER SERVING**

Calories	80	Dietary Fiber	1.00 g	Sodium	130.00 mg	Sat. Fat	0.00 g
Carbohydrates	13.00 g	Protein	2.00 g	Total Fat	2.50 g	Trans Fat	0.00 g