

ASSORTED YOGURT CUP-USDA FOODS



MEAT/MEAT ALTERNATE

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. meat/meat alternate

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 serving

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Yogurt, Blueberry, Nonfat, #110400	50 (4-ounce) cartons
Yogurt, Strawberry, Nonfat, # 110401	50 (4-ounce) cartons

DIRECTIONS

- Place a variety of yogurt cups on refrigerated line for service.
- Portion one 4-ounce cup of yogurt for 1 oz. eq. of meat/meat alternate.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers .

NUTRIENTS PER SERVING

Calories	100	Dietary Fiber	0.00 g	Sodium	45.00 mg	Sat. Fat	0.00 g
Carbohydrates	16.00 g	Protein	9.00 g	Total Fat	0.00 g	Trans Fat	0.00 g