

APPLESAUCE - USDA FOODS



FRUITS

MEAL COMPONENT CONTRIBUTION:

½ cup fruit

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** ½ cup

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Applesauce, Canned, Without Sugar, #2400	100 PC

DIRECTIONS

1. Chill PC cups overnight in refrigerator.
2. Serve one PC cup for each portion. Each portion provides 1/2 cup fruit.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers.

PRODUCTION NOTES

Use USDA Foods products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used.

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.

NUTRIENTS PER SERVING

Calories	51	Dietary Fiber	1.00 g	Sodium	2.00 mg	Sat. Fat	0.00 g
Carbohydrates	14.00 g	Protein	0.00 g	Total Fat	0.00 g	Trans Fat	0.00 g