

LUCKY CHARMS CEREAL, 1 OZ. EQ. (WGR)

MEAL COMPONENT CONTRIBUTION:

1 oz. eq. whole grain

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bowl pack

RECIPE HACCP PROCESS: #1 - No cook



WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Lucky Charms, 1 oz.eq., WGR, #2142	100 bowl packs

DIRECTIONS

1. Place the bowls of Lucky Charms on the line for service.
2. Portion one cereal bowl per serving. Each portion provides 1 oz. eq. whole grain.

PRODUCTION NOTES

PURCHASING GUIDE

Refer to the USDA FNS Food Buying Guide for School Meal Programs and/or the item's product formulation statement for quantities to purchase if the recipe is altered.

MISCELLANEOUS NOTES

If changes are made in ingredients, check the crediting information and re-calculate the nutrition analysis.

NUTRIENTS PER SERVING

Calories	110	Dietary Fiber	2.00 g	Sodium	180.00 mg	Sat. Fat	0.00 g
Carbohydrates	23.00 g	Protein	2.00 g	Total Fat	1.00 g	Trans Fat	0.00 g