Source: MRS 2024 MRS: 7145 – Grains (7000s)

YEAST ROLLS (ENRICHED)

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. enriched grains

NUMBER OF PORTIONS: 214 **SIZE OF PORTION:** 1 roll **RECIPE HACCP PROCESS:** #2 - Same day service



INGREDIENT MEASURE (FOR 214 SERVINGS)

Pan Release Spray, Vegetable Oil, #2514	40 second spray
Roll, Sweet, #1233	214 rolls

DIRECTIONS

- 1. Spray sheet pans with food release spray or line with parchment paper.
- 2. Pan the rolls 60 (6 x 10) rolls on each sheet pan.
- Bake the rolls according to package directions.
 CCP: Heat to 135 degrees F or higher for at least 15 seconds at the completion of the cooking process. If manufacturer instructions on the package or case have a higher temperature, follow those recommendations.
- 4. Portion 1 roll for serving. Each portion provides 2 oz. eq. enriched grains.

NUTRIENTS PER SERVING

Calories	200	Dietary Fiber	1.00 g	Sodium	260.00 mg	Sat. Fat	1.00 g
Carbohydrates	34.00 g	Protein	4.00 g	Total Fat	5.00 g	Trans Fat	0.00 g