Source: MRS 2023 MRS: 6920 – Fruit (6500s)

FLAVORED RAISINS (DRIED)-BRIGGS

MEAL COMPONENT CONTRIBUTION:

½ cup fruit

NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 package

RECIPE HACCP PROCESS: #1 - No cook



INGREDIENT	MEASURE (FOR 100 SERVINGS)
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Raisins, Flavored, Sour Fruit, #2417	50 packages
Raisins, Flavored, Watermelon, #2418	50 packages

DIRECTIONS

- 1. Serve a variety of flavors on the service line.
- 2. Portion one 1 ½ ounce box of raisins per serving. Each portion provides ½ cup of fruit.

PRODUCTION NOTES

Use USDA Foods products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used (such as canned).

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

NUTRIENTS PER SERVING

Calories	140	Dietary Fiber	1.00 g	Sodium	5.00 mg	Sat. Fat	0.00 g
Carbohydrates	36.00 g	Protein	1.00 g	Total Fat	0.00 g	Trans Fat	0.00 g

[&]quot;Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.