

ROLLS (2 OZ. EQ.) (PURCHASED)(WGR)

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 roll

RECIPE HACCP PROCESS: #2 - Same day service



WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Roll, Whole Wheat, Frozen, 2 oz. eq., #1220	100 rolls
Pan Release Spray, Vegetable Oil, #2514	20 second spray

DIRECTIONS

1. Spray each sheet pan with pan release spray or line it with parchment paper.
2. Pan 60 (6 x 10) rolls on each sheet pan.
3. Bake the rolls according to package or case directions.
4. Portion 1 roll per serving. Each portion provides 2 oz. eq. whole grains.

NUTRIENTS PER SERVING

Calories	150	Dietary Fiber	3.00 g	Sodium	230.00 mg	Sat. Fat	0.00 g
Carbohydrates	27.00 g	Protein	5.00 g	Total Fat	2.00 g	Trans Fat	0.00 g