

ROLLS (2 OZ. EQ.) (PURCHASED)



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 120 **SIZE OF PORTION:** 1 roll

RECIPE HACCP PROCESS: #2 - Same day service

INGREDIENT	MEASURE (FOR 120 SERVINGS)
Roll, Whole Wheat, Frozen, 2 oz. eq., #1220	214 roll(s)

DIRECTIONS

1. Spray sheet pans with pan release spray and pan 60 (6 x 10) rolls on each sheet pan.
2. Bake according to package directions.
3. Portion 1 roll per serving. Each portion provides 2 oz. eq. whole grains.

NUTRIENTS PER SERVING

Calories	150	Dietary Fiber	3.00 g	Sodium	230.00 mg	Sat. Fat	0.00 g
Carbohydrates	27.00 g	Protein	5.00 g	Total Fat	2.00 g	Trans Fat	0.00 g