

# ROLLS (1 OZ. EQ.) (PURCHASED)-WGR

**MEAL COMPONENT CONTRIBUTION:**

1 oz. eq. whole grain

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 roll

**RECIPE HACCP PROCESS:** #2 - Same day service



WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Pan Release Spray, Vegetable Oil, #2514	20 second spray
Roll, Whole Wheat, Frozen, 1 oz. eq., #1224	100 rolls

**DIRECTIONS**

1. Spray each sheet pans with pan release spray or line each with parchment paper.
2. Spray sheet pans with pan release spray and pan 80 (8 x 10) on each sheet pan.
3. Bake according to package or case directions.
4. Portion 1 roll per serving. Each portion provides of 1 oz. eq. whole grain.

**NUTRIENTS PER SERVING**

Calories	75	Dietary Fiber	1.50 g	Sodium	125.00 mg	Sat. Fat	0.00 g
Carbohydrates	13.50 g	Protein	3.00 g	Total Fat	1.00 g	Trans Fat	0.00 g