

# MASHED POTATOES WITH CHEESE



VEGETABLES (STARCHY)

**MEAL COMPONENT CONTRIBUTION:**

½ cup starchy vegetable

**NUMBER OF PORTIONS:** 85 **SIZE OF PORTION:** ½ cup**RECIPE HACCP PROCESS:** #2 - Same day service

INGREDIENT	MEASURE (FOR 85 SERVINGS)
Water, Boiling, Municipal	2 gallons
Margarine, Bulk, #1319	8 ounces
Pepper, Black, Ground, #2718	1 teaspoon
Salt, Table, #2723	1 teaspoon
Potatoes, Pearls, Instant, #2819	1 package
Cheese, American, Grated/Shredded, #1306	1 pound

**DIRECTIONS**

1. Pour the boiling water into a mixer bowl.
2. Add the margarine, pepper, and salt to hot water. (Pepper is optional).
3. Attach the whip attachment to the mixer.  
Set the mixer to "low" and slowly add potatoes.
4. Scrape down the sides of the bowl and whip on "high" until fluffy, about 3 ½ minutes (the use of a mixer is recommended). Hand mixing directions can be found on the package.
5. Transfer the potatoes to 4 inch full size pans. Sprinkle each pan with 2 cups of shredded cheese.  
Cover the potatoes and place them in the oven at 350 degrees F for 15 minutes, or until desired temperature is reached.

CCP: Heat to 135 degrees F or higher for 15 seconds at the completion of the cooking process. If manufacturer instructions on package or case have a higher temperature, follow those recommendations.

6. Portion with 4 ounce spoodle or #8 scoop per serving. Each portion provides ½ cup of starchy vegetables.

CCP: Hold and maintain product at a minimum temperature of 135 degrees F. Check temperature every 30 minutes. Leftovers should be covered, labeled, and dated. Quick chill within 6 hours to 41 degrees F or lower.

**PRODUCTION NOTES**

Use USDA Foods or Department of Defense (DOD) foods when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if recipe is altered.

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meals: Preparing Vegetables" provides seasoning and serving ideas for vegetables.

**SERVING NOTES**

Presentation ideas: Garnish with parsley flakes and parsley sprinkled lightly over pan.

Since the starch content of potatoes can differ, adjustments to the liquids may be necessary. Increase or decrease the quantity of liquid as needed for a fluffy product.

**NUTRIENTS PER SERVING**

Calories	110	Dietary Fiber	1.01 g	Sodium	134.29 mg	Sat. Fat	1.99 g
Carbohydrates	15.31 g	Protein	3.15 g	Total Fat	3.79 g	Trans Fat	0.00 g