

SPINACH SALAD (FRESH)-MERCH

MEAL COMPONENT CONTRIBUTION:

½ oz. eq. meat/meat alternate, ½ cup dark green vegetable

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 salad

RECIPE HACCP PROCESS: #1 - No cook


MEAT/MEAT ALTERNATE : VEGETABLES (DARK GREEN)

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Bacon, Sliced, Precooked, #1050	60 slices
Onions, Red, Whole, Fresh, #4102	8 pounds
Spinach, Washed, Trimmed, Fresh, #4016	14 pounds
Cheese, Mozzarella, Shredded, #1307	3 pounds + 4 ounces
Dressing, Fat Free Ranch, 12 gram, #2208	100 packets

DIRECTIONS

1. Crumble the bacon, then set it aside for salad assembly.
2. Slice the red onions into rings and set them aside. The red onions may also be diced.
3. If the spinach is not prewashed, rinse it, then drain the spinach thoroughly. If needed, chop the spinach into smaller pieces.
4. Measure 1 cup of spinach leaves into individual salad bowls.
5. Top each salad with ½ ounce of mozzarella cheese, 1 tablespoon of crumbled bacon, and 1 to 2 rings of red onion. Cover the salads and refrigerate them until ready for service.
CCP: Hold under refrigeration (41 degrees F or lower) until ready for service.
6. Portion 1 salad and 1 packet of dressing per serving. Each portion provides ½ oz. eq. of meat/meat alternate and ½ cup serving of dark green vegetable.
CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers.

PRODUCTION NOTES

Use USDA Foods products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if recipe is altered.

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meal" provides seasoning and serving ideas for sandwiches.

NUTRIENTS PER SERVING

Calories	86	Dietary Fiber	2.53 g	Sodium	340.00 mg	Sat. Fat	1.80 g
Carbohydrates	8.21 g	Protein	7.38 g	Total Fat	2.98 g	Trans Fat	0.00 g

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ILLUSTRATED PRESENTATION OF SPINACH SALAD (FRESH)-MERCH

1.



1 serving of Spinach Salad (with onion rings).

2.



1 serving of Spinach Salad (with chopped onions).