

# ASSORTED YOGURT CUP



MEAT/MEAT ALTERNATE

**MEAL COMPONENT CONTRIBUTION:**

1 oz. eq. meat/meat alternate

**NUMBER OF PORTIONS:** 50 **SIZE OF PORTION:** 1 serving

**RECIPE HACCP PROCESS:** #1 - No cook

| INGREDIENT                       | MEASURE (FOR 50 SERVINGS) |
|----------------------------------|---------------------------|
| Yogurt, Berry, #1324             | 25 (4-ounce) cartons      |
| Yogurt, Strawberry Banana, #1326 | 25 (4-ounce) cartons      |

**DIRECTIONS**

- Place a variety of yogurt cups on refrigerated line for service.
- Portion one 4-ounce cup of yogurt for 1 oz. eq. of meat/meat alternate.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers .

**NUTRIENTS PER SERVING**

|               |         |               |        |           |          |           |        |
|---------------|---------|---------------|--------|-----------|----------|-----------|--------|
| Calories      | 70      | Dietary Fiber | 0.00 g | Sodium    | 58.00 mg | Sat. Fat  | 0.00 g |
| Carbohydrates | 14.00 g | Protein       | 4.00 g | Total Fat | 0.00 g   | Trans Fat | 0.00 g |