

MINI SPOONERS CEREAL



WHOLE GRAINS

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. whole grains

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bowl pack

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Mini Spooners, WGR, #2113	100 bowl packs

DIRECTIONS

1. Place the cereal bowl on the line for service.
2. Portion 1 cereal bowl per serving. Each portion provides 2 oz. eq. whole grains.

NUTRIENTS PER SERVING

Calories	200	Dietary Fiber	6.00 g	Sodium	10.00 mg	Sat. Fat	0.00 g
Carbohydrates	46.00 g	Protein	5.00 g	Total Fat	1.00 g	Trans Fat	0.00 g