Source: MRS 2024 MRS: 1130 – Beef (1000s)

# **MEXICAN BURRITO-CRUMBLEY**

#### **MEAL COMPONENT CONTRIBUTION:**

 $2\frac{1}{2}$  oz. eq. of meat/meat alternate, 2 oz. eq. of whole grains, 1/8 cup of red/orange vegetable

**NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 burrito with 1

ounce of salsa for serving

RECIPE HACCP PROCESS: #2 - Same day service







MEAT/MEAT ALTERNATE: WHOLE GRAINS: VEGETABLES (RED/ORANGE)

| INGREDIENT                               | MEASURE (FOR 100 SERVINGS) |  |  |
|--|----------------------------|--|--|
| Burrito, Beef & Bean, Whole Wheat, #1103 | 100 burritos               |  |  |

Pan Release Spray, Vegetable Oil, #2514

Cheese, American, Grated/Shredded, USDA

Salsa, Bulk, #2823

100 burritos

10 second spray

3 pounds + 2 ounces

1 gallon

# **DIRECTIONS**

- 1. Place the burritos on a sheet pan that has been sprayed with pan release spray.
- 2. Bake the burritos according to the directions on the package or case. (Prepare in batches to maintain quality.)

  CCP: Heat to 135 degrees F or higher for 15 seconds at the completion of the cooking process. If manufacturer instructions on package or case have a higher temperature, follow those recommendations.
- 3. Sprinkle the cheese evenly over the burritos just before serving.
- 4. Portion 1-ounce of salsa into containers for student selection.
- Portion 1 burrito with 1 ounce of salsa per serving. Each portion provides 2½ oz. eq. of meat/meat alternate, 2 oz. eq. of whole grains, and 1/8 cup of red/orange vegetable.
   CCP: Hold and maintain product at a minimum temperature of 135 degrees F. Check temperature every 30 minutes. Discard any leftovers.

## **PRODUCTION NOTES**

Use USDA Foods products when available.

"Culinary Techniques for Healthy School Meals: Preparing Meats" provides seasoning and serving ideas for meats.

#### **SERVING NOTES**

Batch cook: Prepare only what can be served in a 30 minute period to maintain maximum quality.

## **NUTRIENTS PER SERVING**

| Calories      | 347     | Dietary Fiber | 8.78 g  | Sodium    | 673.00 mg | Sat. Fat  | 5.23 g |
|---------------|---------|---------------|---------|-----------|-----------|-----------|--------|
| Carbohydrates | 41.86 g | Protein       | 18.71 g | Total Fat | 12.56 g   | Trans Fat | 0.00 g |