

HAM AND CHEESE ON A BUN (WGR)

MEAL COMPONENT CONTRIBUTION:

2 oz. eq. meat/meat alternate, 2 oz. eq. whole grains

NUMBER OF PORTIONS: 50 **SIZE OF PORTION:** 1 sandwich

RECIPE HACCP PROCESS: #1 - No cook



MEAT/MEAT ALTERNATE : WHOLE GRAINS

INGREDIENT	MEASURE (FOR 50 SERVINGS)
Ham, Cooked, Smoked, Boneless, #1053	8 pounds
Cheese, American Process, Sliced, #1308	3 pounds + 2 ounces
Bun, Hamburger, WGR, #1228	50 buns
Lettuce, Shredded, #4008	1 pound
Tomatoes, Whole, Red, Ripe, Raw, #4110	6 1/4 medium, whole
Pickles, Dill Slices, #2813	100 slices

DIRECTIONS

- Thinly slice ham and weigh out 2½ ounces to determine portion size.
 CCP: Hold under refrigeration (41 degrees F or lower) until ready for sandwich assembly.
- TRIMMINGS:
 - Rinse the tomatoes under cool, running water, then drain them thoroughly.
 - Core and thinly slice the tomatoes (8 slices per tomato).
 - Portion 1/8 cup lettuce, 1 tomato slice, and 2 pickle slices in individual portion containers. Cover and refrigerate until ready for service.
 CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes.
- SANDWICH ASSEMBLY:
 - Place 24 bottom portions of hamburger buns on each sheet pan, 4 down and 6 across.
 - Portion 1¼ ounces of ham and ½ ounce of cheese (1 slice) onto the bottom portions of hamburger buns.
 - Cover with the top portion of the bun.
 - Sandwiches may also be wrapped in deli paper, waxed paper, foil sheets, plastic wrap or placed in sandwich bags.
 - Place each sandwich in a steamtable pans (12" x 20" x 2½") lined with pan liners.
 - Prepare the sandwiches in batches to maintain quality.
 Serve immediately, or cover the pan and refrigerate until ready for service.
 CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes.
- OPTIONAL INSTRUCTION: Heat for 5 -7 minutes in a 350 degree F oven as needed for line service.
 Cover with tented foil and place in warmer.
 CCP: Cover and hold for service at 135 degrees F or higher.
- Portion 1 sandwich with trimmings for 2 oz. eq. meat/meat alternate and 2 oz. eq. whole grains.
 CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers.

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PRODUCTION NOTES

Use USDA Foods products when available.
 Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if recipe is altered.
 If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.
 "Culinary Techniques for Healthy School Meals: Preparing Meats" provides seasoning and serving ideas for sandwiches.

SERVING NOTES

Have condiments available for selection by students. Condiments have not been included in this nutrient analysis – remember to include them in the weekly menu nutrient analysis.

Alternate instructions: Assemble sandwiches on the serving line.

NUTRIENTS PER SERVING

Calories	340	Dietary Fiber	3.29 g	Sodium	1292.86 mg	Sat. Fat	6.30 g
Carbohydrates	33.20 g	Protein	25.83 g	Total Fat	12.96 g	Trans Fat	0.00 g

ILLUSTRATED PRESENTATION OF HAM AND CHEESE ON A BUN (WGR)

1.



1 serving of ham and cheese on a bun.