

CELERY STICKS WITH DIP (FRESH)



VEGETABLES (OTHER)

MEAL COMPONENT CONTRIBUTION:

½ cup other vegetable

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** ½ cup**RECIPE HACCP PROCESS:** #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Celery, Raw, Sticks, Cupped 4", #4006	14 pounds + 8 ounces
Dressing, Fat Free 1000 Island, 12 gram, #2207	50 packets
Dressing, Fat Free Ranch, 12 gram, #2208	50 packets

DIRECTIONS

- Place ½ cup of celery sticks (6 sticks) in individual serving containers.
- Portion ½ cup of celery sticks with 1 packet of dressing per serving. Each portion provides ½ cup other vegetable.

CCP: Hold under refrigeration (41 degrees F or lower) until ready for service. Check temperature every 30 minutes. Cover, label, and date any leftovers.

PRODUCTION NOTES

Use USDA Foods or Department of Defense (DOD) foods when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if recipe is altered.

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meals: Preparing Salads" provides seasoning and serving ideas for salads.

NUTRIENTS PER SERVING

Calories	26	Dietary Fiber	1.05 g	Sodium	172.62 mg	Sat. Fat	0.03 g
Carbohydrates	4.95 g	Protein	0.45 g	Total Fat	0.11 g	Trans Fat	0.00 g