## ASSORTED COLD CEREALS (WGR)-2 OZ. EQ.

## **MEAL COMPONENT CONTRIBUTION:**

2 oz. eq. whole grain

NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 bowl pack

**RECIPE HACCP PROCESS:** #1 - No cook



| INGREDIENT                              | MEASURE (FOR 100 SERVINGS) |
|---|----------------------------|
| Cereal, Mini Spooners, WGR, #2113       | 33 bowl packs              |
| Cereals, Honey Nut Scooters, WGR, #2117 | 33 bowl packs              |

Cereal, Marshmallow Mateys, WGR, #2109 34 bowl packs

## **DIRECTIONS**

1. Place a variety of cereals on the line for service.

2. Portion 1 cereal package per serving. Each portion provides 2 oz. eq. whole grain.

## **NUTRIENTS PER SERVING**

| Calories      | 200     | Dietary Fiber | 3.99 g | Sodium    | 298.00 mg | Sat. Fat  | 0.00 g |
|---------------|---------|---------------|--------|-----------|-----------|-----------|--------|
| Carbohydrates | 44.03 g | Protein       | 4.66 g | Total Fat | 1.50 g    | Trans Fat | 0.00 g |