RICE CHEX CEREAL

MEAL COMPONENT CONTRIBUTION:
1 oz. eq. whole grain
NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 bowl pack
RECIPE HACCP PROCESS: #1 - No cook

WHOLE GRAINS

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Cereal, Rice Chex, Gluten Free, WGR, #2111	100 bowl packs

DIRECTIONS

1. Place the cereal bowls on the line for service.
2. Portion 1 cereal bowl per serving. Each portion provides 1 oz. eq. whole grain.

NUTRIENTS PER SERVING

Calories	100	Dietary Fiber	1.00 g	Sodium	250.00 mg	Sat. Fat	0.00 g
Carbohydrates	24.00 g	Protein	2.00 g	Total Fat	0.50 g	Trans Fat	0.00 g