

FLAVORED RAISINS



FRUITS

MEAL COMPONENT CONTRIBUTION:

½ cup fruit

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 package

RECIPE HACCP PROCESS: #1 - No cook

INGREDIENT	MEASURE (FOR 100 SERVINGS)
Raisins, Flavored, Lemon, #2417	50 package(s)
Raisins, Flavored, Watermelon, #2418	50 package(s)

DIRECTIONS

1. Serve a variety of flavors on the service line.
2. Portion one 1 ½ ounce box of raisins per serving. Each portion provides ½ cup of fruit.

PRODUCTION NOTES

Use USDA Foods products when available.

Refer to USDA FNS Food Buying Guide for School Meal Programs for quantities to purchase if different varieties of fruit are used (such as canned).

If changes are made in ingredients, check crediting information and re-calculate the nutrition analysis.

"Culinary Techniques for Healthy School Meals: Preparing Fruits" provides seasoning and serving ideas for fruits.

NUTRIENTS PER SERVING

Calories	140	Dietary Fiber	1.00 g	Sodium	5.00 mg	Sat. Fat	0.00 g
Carbohydrates	36.00 g	Protein	1.00 g	Total Fat	0.00 g	Trans Fat	0.00 g